

MSAR Horse & Rider Challenge Day (page 1)

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February, 19 - Location: NCEFT, Warm Up Time: 9-10 Saddle Time: 10:00am-12:00pm

Focus: Horse & Rider Challenges

Leads: Carol, Kristi, Martha

Objectives: Horse & Rider navigate tasks & obstacles safely & effectively. Team Building – aka – Teamwork (encourage fellow riders). Building confidence in your partnership between horse and rider. Work through challenges so that the partnership is successful.

These “challenges” have been designed to give you and your horse a sensory challenge as well as giving us a chance to have a little fun.

Although there will be less “riding”, per say, than at some of our other trainings, there are other goals for this training. These include; teaching your horse to stand quietly and patiently (extremely valuable, we have so many patrols and events where all the horses do is stand there.), building confidence in members and exposing potential weaknesses in their horse's training and encouraging team building by cheering and supporting other members as they ride their turn. The biggest test for this training will be: Can your horse stand quietly and patiently, then turn on to do a task, and then turn OFF?

I hope these objectives give you a better sense of what our “Challenges” are all about.

Enjoy!

MSAR Challenges

1. Pole Bending
2. Partner Pole Bending
3. STOP in the name of LOVE
4. “Give your Heart away”
5. “I’m OVER you”
6. “I lost my heart in...”
7. “Hole in my Heart”
8. “Side Bar”
9. “Cross your Heart”

Equipment

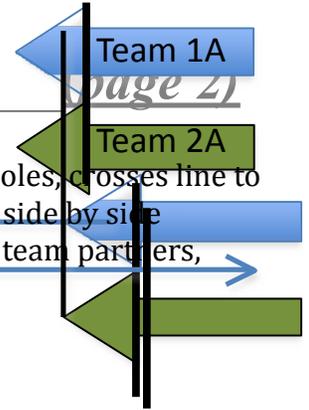
- 4 Poles per team to weave
- Partners ride side by side & weave poles.
- 2 barrels or 2 people, 2 Stop Signs
- 8 Cavalettis to make a “box”
- 4 Cavalettis & 2 small Tarps
- 2 Backpackers/Hikers with open maps
- 8 Cavalettis, 4 barrels
- 8 Cavalettis, 4 barrels
- 8 Cavalettis “roadway” & 1 Person with Stop sign

Personal on the ground also needed: at least 4 persons to help out.

Teams: Riders will be divided into 2 teams. Teams will have half of their members on one side of the arena, the other half will be directly across from them on the other side of arena.

All team members must stay behind the “Start Line”. The next Rider may not start the challenge (cross the line) until their team rider crosses line, after completing the challenge. If during the challenge a pole/barrel/bucket is knocked over or an object is dropped, the rider leaves the course and “tags” another rider on their team to take the course (ground crew sets-up for next rider) Every member of the team must complete the course. So if you knock it, drop it, no worries, you will ride again.

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1 & 2 Pole Bending & Partner Poles: Challenge #1 Riders 1A & 2A weaves poles, crosses line to tag Riders 1B & 2B, Repeat until all riders weave the poles. Challenge #2 Partners ride side by side keeping pacing with each other & weave through poles as a team. Cross line, next set of team partners, weave poles repeat until all team members weave poles.



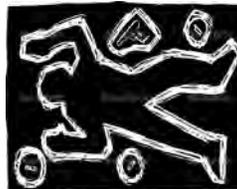
Team 1B	0	0	0	0
	(4)	(3)	(2)	(1)
Team 2B	0	0	0	0

3 STOP in the name of LOVE: (1A & 2A) Pick up STOP sign from stationary person, ride to Horse & Rider teammate waiting, pass STOP sign to rider. Ride to the "B" side - Tag next rider who then rides out to wait spot. As soon as rider "B" gets STOP sign from Rider "A" they ride to the stationary person and hand it off. Then ride towards the "A" side and tag next rider, who then goes to get STOP sign from the person. Repeat until all team members ride the course.



4 Give your Heart away: Rider #1 rides towards waiting horse & rider, dismount and hand your horse off. Walk towards "Crime Scene" and record ONE clue on the clipboard, walk back to your horse & using a mounting block - mount up. Stay in place to be the next holder of a horse. The previous holder rides back towards the team. Next rider rides towards the holder. Repeat until all team members have held a horse.

Crime Scene Area

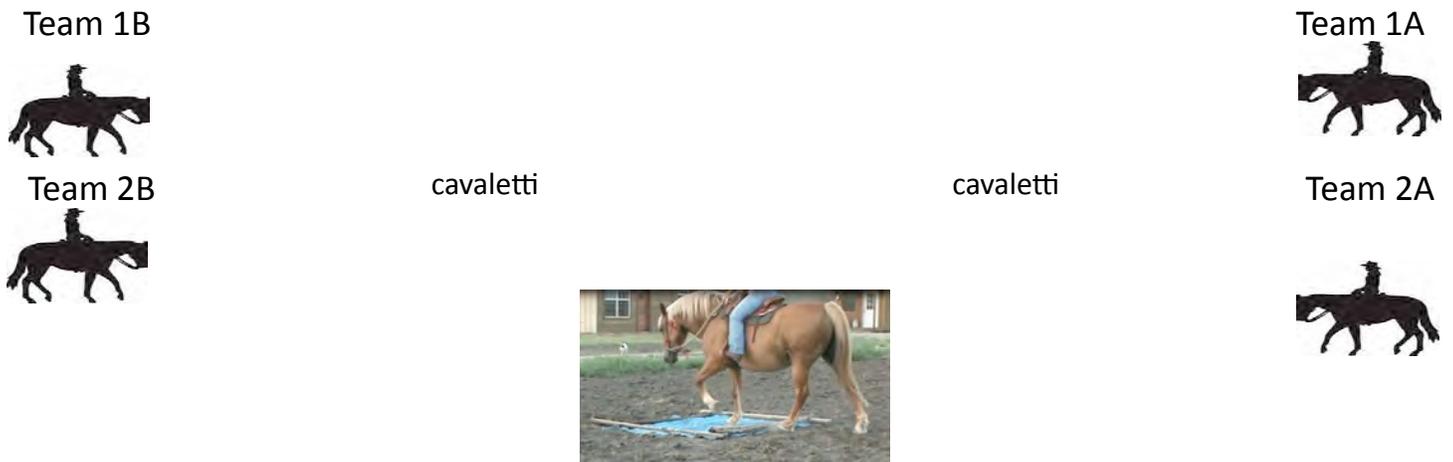


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Horse & Rider
0



Team 1
Team 2

5 "I'm OVER you!": Rider #1A starts the course, walk over first cavaletti, walk over tarp, (rider may chose to go around tarp) walk over second cavaletti, ride to and tag next teammate, Rider "B". Rider "B" repeats pattern in opposite direction. Repeat until all team members ride the course.



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6 "I lost my heart in ...": Rider approaches backpacker who has a map open. The ride is to help with directions. Rider may chose to "follow" the "hiker" for few steps so horse may gain confidence. IF Rider feels comfortable they may take map from "hiker" fold & unfold, and give back. Rider to next team member. Everyone takes a turn "reading the map".

Team
1B
Team
2R

"Hiker"
O
"Backpacker"
with mans

Team
1A
Team
2A



7 "Hole in my Heart": Rider starts the course, enter the "Key Hole" between the cavalettis, turn around in the "BOX", exit between the cavalettis, ride back to start line and tag next teammate. Repeat until all team members ride the course.

Team 1



8 "Side Bar": Rider starts the course, and rides in-between the cavalettis and stops next to the right or left barrel, facing the "Fence". Rider picks up (OBJECT) from barrel, **SIDE PASSES** to next barrel, Rider picks up (OBJECT) from barrel, **BACKS** out of cavalettis, turns around, and rides to back to start line and



tags next teammate. Repeat until all team members ride the course.

Team 1

Team 2



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9 "Cross your Heart": Two Riders holding Stop Signs and position themselves to help other riders "cross between them" for safe passage crossing a street.